

# Exercising during dialysis for your patient's well-being



Velo

# The Velo Exercise Trainer for the ComfortLine Therapy Chair - mounted easily in one step



The Velo can be mounted quickly and easily in exchange for the footrest of the ComfortLine Therapy Chair. The pedal resistance can be set individually for each patient by the adjustment screw.

The Velo is especially created for the ComfortLine Therapy Chair. It allows being active during dialysis treatment.

The Velo can be mounted easily and quickly in exchange for the footrest because of the unique interface and therefore limits the effort for your medical team.

Studies have shown that exercise before, during or after dialysis is very helpful for a better mood and physical condition of the patient. The exercise helps to reduce degenerative changes in muscle structures which can be almost completely regressed. Additionally, the training has a positive influence on the cardiovascular regulation (blood pressure and heart frequency) which can reduce the medication for patients.\*

## Technical Data:

### Dimensions

Height	45 cm
Width	24 cm
Distance of pedals	17 cm
Weight	2.5 kg

### Pedal

Width	6 cm
Length	10 cm
Height	3 cm

\*Sources:

„Effect of exercise training on interdialytic ambulatory and treatment-related blood pressure in hemodialysis patients“, J. E. Anderson et al., 2004

„Psychological effects of exercise training in hemodialysis patients“, R. M. Carney et al., 1983



**TekMed™**

**1300 720 727**

12 Bellevue Crescent Preston Victoria 3072 Australia

**T (03) 9487 9999 F (03) 9484 8792**

info@tekmed.com.au www.tekmed.com.au



FS521104

**TekMed NZ™**

Ph: 0800 456 217

info@tekmed.co.nz

www.tekmed.co.nz

Bionic Medizintechnik GmbH ... a JMS-corporation · Max-Planck-Straße 21 · D-61381 Friedrichsdorf/Germany  
Phone: +49(0)6172-75760 · Fax: +49(0)6172-757610 · info@bionic-jms.com · www.bionic-jms.com